

Vàrnensko horo

From Varna area, Dobrudzha

Vàrnensko horo is a wedding dance. Usually a solo dance, Iliana Bozhanova created this variation as a circle dance-based on the Dobrudzha style.

Pronunciation: VAHR-nen-skoh hoh-roh

Formation: Mixed closed circle

Position: Hands in W position

Meter: 9/8 - QQQS (1,2,3,4)

Meas Introduction

1-4 No action, begin with wt on L ft

Meas **Figure 1**

1 Facing LOD (right), take big step on R ft fwd (1,2), step L ft fwd (3), step R ft fwd (4)

2 Repeat meas 1 with opp footwork

3 Facing RLOD (left), take big step on R ft bkwd (1,2), step L ft bkwd (3), step R ft bkwd (4)

4 Arms to V pos, big step on L ft bkwd (1,2), turn to face LOD bringing arms back to W pos, step R ft fwd (3), step L ft fwd (4)

Repeat Figure 1 three more times

Meas **Figure 2**

1 Facing ctr, big step on R ft to R (1,2), step L ft behind R ft (3), step R ft in place (4)

2 Place L heel fwd (1), step on L ft fwd (2), step R ft in place (3), step L ft beside R ft (4)

3 Repeat meas 2 with opp footwork

4 Close L ft beside R ft, squat slightly down, taking wt on L ft (1,2), keeping R heel on the floor, tap R toes to R side (3), tap R toes fwd (4)

Repeat Figure 2 three more times

Repeat from beginning until music ends