

Valse Lucille

Québec, Canada

This is a popular waltz done at traditional dances in Québec. It is danced between Set dances to allow people to rest. The dance is also called *Country Waltz*. At contemporary Country Western Dance events, it's often known as *Texas Waltz*. This mixer adaptation was choreographed by France Bourque-Moreau

Formation: Cpls in a circle (one cpl behind another) in *Varsoviennne* position, travelling CCW. W on M's R. Wt on R ft. Dance starts with L ft for both M & W.

Meter: 3/4

Step: Waltz step: Large step fwd or bkwd, followed by two steps in place (R-L-R or L-R-L)

No introduction. Let one pattern go by (16 meas).

Meas **Basic Pattern**

- 1 Starting with L ft, one waltz-step travelling fwd
- 2 One waltz-step travelling bkwd
- 3-6 Four waltz-steps, crossing with leading ft to describe diag patterns (out, in, out, in).
- 7 One waltz-step travelling fwd
- 8 One waltz-step travelling bkwd
- 9 One waltz-step travelling fwd, to do a half-turn CW, still in *Varsoviennne* pos
- 10 One waltz-step travelling bkwd
- 11 One waltz-step travelling fwd, to do a half-turn CCW, still in *Varsoviennne* pos
- 12 One waltz-step travelling bkwd
- 13 One waltz-step travelling fwd
- 14 One waltz-step travelling bkwd
- 15-16 M do two waltz-steps fwd to greet new partner while W turn CW with two waltz steps to meet new partner behind

Repeat dance from beginning until end of music