

Temna e Magla

Pirin Folk Area

Temna e Magla is the name of the song. The song is used to present the dance Chetvorka, which is one of the most popular dances in the Pirin mountains.

Formation: Open circle with figures called by the leader

Position: Arms in V position

Meter: 7/8 (SQQ or 123)

Meas **Introduction**

1-16 No action, facing LOD, begin with wt on L ft

Meas **Figure 1** (start facing LOD)

1 Step on R ft fwd (1), step on L ft fwd (2,3)

2 Bending knees, step down on R ft fwd (1), step L ft fwd (2), step R ft fwd (3)

3 Same as meas 2 with opp footwork, or*, bending knees on beat 3 of meas 2, step up on L ft fwd with straight knee (1), step R ft fwd (2), step L ft fwd (3)

*for slower music or more challenge

4 Turning to face ctr, step on R ft to R (1), lift R heel (2,3) (Sway R)

5 Step on L ft to L (1), step on R ft across L ft (2,3)

6 Step on L ft to L (1), lift L heel (2,3) (Sway L)

7 Step R to R (1), lift R heel (2,3) (Sway R)

8 Step L to L (1), lift L heel (2,3) (Sway L)

Meas **Figure 2** (start facing LOD)

1-5 Same as meas 1 to 5 of Figure 1

6 Facing ctr, step on L in place (1), turning slightly R, step on R behind L (&), step on L in place (2,3)

7 Repeat meas 6 with opp footwork. After last step, swing L ft around (horizontal circle) to face LOD

8 Finish circle touching L heel fwd while lifting R heel slightly (1), step on L ft in place (2,3)

Repeat figures as called by leader.