

Rano Rani

Pirin Folk Area

Rano Rani is the name of the song. The song is used to present the dance Yuch Ayak from Dabnitsa village, Gotse Delchev region, where the local people are Turkish and Bulgarian.

Formation: Open circle with leader

Position: Arms in W position

Meter: 2/4

Meas **Introduction**

1-32 No action, facing centre, begin with wt on L ft

Meas **Figure 1** (Begin dance with arms in W position)

1 Touch with R toes to R (1), step on R ft in place, turning to face LOD (2)

2 Facing LOD, touch L toes twd ctr of circle (1), step L ft fwd in LOD (2)

3 Facing LOD, touch R toes behind (1), step on R ft fwd (2)

4 Step L ft fwd (1), step R ft fwd (2)

5 Lift on R heel, while turning to face ctr and bringing arms fwd and down to V position (1), step on L ft behind R ft swinging arms bkwd (2)

6 Facing ctr, step R ft to R swinging arms fwd (1), step L ft behind R ft swinging arms bkwd (2)

1 With arms in bkwd V position, touch R toes to R (1), turning to face LOD and raising hands to W- position, step R ft in place (2)

Repeat dance from meas 2 until end of music.