

La Masa Mare - Polobocul

Moldavia, Romania

Source: Leonte Socaciu, Bucharest

Formation: Closed circle facing ctr, hands in W pos, start with wt on L

Meter: 2/4

I. La Masa Mare

Meas **Figure 1** (Sideways and stamps) – Facing ctr

- 1 Step on R to R (1) close L to R (&) step R to R (2)
- 2 Stamp L, no wt, next to R (1), repeat (2)
- 2-4 Same as in meas 1-2 but reverse dir & ftwrk
- 5-8 Repeat meas 1-4

Meas **Figure 2** (Buzz steps L and R)

- 1 Facing slightly L, cross on R in front of L (1) step on L to L (&) cross on R in front of L (2)
step on L to L (&)
- 2-4 Repeat meas 1, three more times
- 5-8 Same as in meas 1-4 but reverse dir & ftwrk

Meas **Figure 3** (Forward and back with arm motions)

- 1 Facing ctr with hands in W pos, step fwd on R (1) step fwd on L (2)
- 2 Three little (somewhat heavy) steps fwd, R-L-R, moving hands up, fwd & down (1&2)
- 3-4 Quickly move hands back to W pos, and repeat meas 1-2 moving bkwd
- 5-8 Repeat meas 1-4

Meas **Figure 4** (Penguin walk)

- 1 With hands in V pos, facing RLOD, step fwd on R with slight tilt of body to R (bouncy style & flat-footed) (1), step fwd on L with same style (2)
- 2-8 Repeat meas 1, seven more times, turn R at end to face LOD
- 9-16 Repeat meas 1-8 in LOD, turn L at end to face ctr

Repeat La Masa Mare from beginning three more times

II. Polobocul

Meas **Figure 1** (Sideways step)

- 1 Hands in W pos, step on R to R, upper body leaning to R (1) close L to R, upper body straight (2)
- 2 Repeat meas 1
- 3 Step on R to R, upper body leans R (1) close L to R, upper body straight (&) step on R to R,
upper body leans R (2)
- 4 Stamp L, next to R, no wt (1), repeat stamp L (2), keeping upper body leaning to R
- 5-8 Repeat meas 1-4 with opp dir & ftwrk

Figure 2 (Polka step and Alunelul step)

- 1 Hands in V pos, facing LOD, step R-L-R fwd (1&2), scuff L (&)
- 2 Repeat meas 1 with opp ftwrk
- 3-6 Repeat meas 1-2 two more times
- 7 Facing ctr, step R in place (1), stamp L (&), step L in place (2), stamp R (&)
- 8 Step R in place (1), stamp L (&), stamp L (2)
- 9-16 Face RLOD and repeat meas 1-8 with opposite direction and footwork

Repeat Polobocul from beginning to end of music