

Kùne

From Pirin Mountains

Kùne has a feminine dance style. The steps are very soft with low movements and bounces with the knees.

Pronunciation: KOO-nay

Formation: Open circle

Position: Hands down in V position

Meter: 13/16 - QQS (1,2,3&)

Meas **Introduction**

1-18 No action, begin with wt on L ft
Dance starts with singing

Meas **Figure 1** (moving in LOD – to right)

1 Facing LOD, step on R ft (1), step on L ft (2), small steps on R ft (3) then L ft (&)

2 Repeat meas 1

3 Step on R ft fwd (1), step on L ft bkwd (2), lift L heel (3) then step on R ft bkwd (&)

4 Facing ctr, lift R heel (1), step L ft to L (2), facing diag left, step on R ft in front of L ft (3) then step L ft in place (&)

5 Draw a circle with straight R leg as follows: Facing to left, hop on L, while pointing R ft left starting to move R ft to right (1), hop on L ft moving R ft to right (2), hop on L ft with R ft pointing R (3) then step on R ft next to L ft (&)

6 Repeat meas 5 with opposite footwork and direction and finishing facing ctr

7 Facing ctr, step on R ft fwd towards ctr (1), step on L ft in place (2), lift L heel (3) then step on R ft bkwd (&)

8 Still facing ctr with feet together, lift heels of both feet (1), lift both heels (2), step on R ft bkwd, turning to face LOD (3), then step on L ft fwd in LOD (&)

Repeat Figure 1 until music ends