

## Gilgodenn

Brittany, France

*Gilgodenn* or *Jilgodenn* is a type of circle mixer from Poher in the Black Mountains region of Finistere in West Brittany. It is related to the type of dance known as *Gavotte des Montagnes*.

**Pronunciation:** Zheehl-GOH-dehnn

**Formation:** Circle of cpls, W on M's left, slight knee bend, face RLOD, hands joined down in V pos

**Style:** Happy, earthy and strong, R ft faces slightly ctr

**Meter:** 2/4

Meas **Introduction**

1-16 Intro music. No action. Begin with wt on R ft. Start with song

Meas **Figure 1 - Basic travel** (Gavotte)

1 Moving RLOD, step on L (1) step on R (2)

2 Step on L (1) step on R (&) step on L (2)

3 Step on R (1) step on L (2)

4 Step on R (1) slight hop on R, raising L knee (2)

5-8 Repeat meas 1-4

**Arms:** During basic travel, arms swing regularly fwd (odd cts) and back (even cts) with straight elbows. Start by moving arms fwd from the down pos

Meas **Figure 2 - Turning partner**

1-8 All the M face the W on their left (corner lady), take R hand hold, bent elbow, with free hand down at side of body. Do one and a half turns CW using the basic footwork of figure 1 ending up with the corner W on the M's R side. Everyone re-joins hands in a circle to start dance from beginning with new partner.

Repeat Figure 1 and Figure 2 to end of music