

## Enleio

Ribatejo, Portugal

Harvest-time dance demonstrating crushing grapes.

**Source:** Rancho Folclorico da Casa do Povo de Almeirim

**Pronunciation:** Enn-LAYH-oh

**Formation:** Circle of cpls, W on M's R, in front basket position: W stand closer to ctr than M; M and W each form own circle; M make arch, step fwd & lower arms on top. Wt on L, face slightly R of ctr.

**Meter:** 2/4

Meas **Introduction:** (Instrumental)

1-12 No action. Touch right toe on floor behind.  
Begin dance with song.

Meas **Figure 1** (Travel)

1-12 Beginning with R ft, do 24 small walking steps in LOD, as if crushing grapes, ending facing ctr

Meas **Figure 2** (In and out with clap)

**Women:**

1-3 Beginning with R, W walk 6 small steps fwd twd ctr, while M raise their arms to undo "basket"

4 Clap hands twice

5-7 Beginning with L, W back out of ctr with 5 steps, and re-form the basket figure with M, touch R toe behind on sixth beat

**Men:**

1-3 Beginning with R, M do 6 small steps slightly bkwds raising their arms to undo "basket" and letting women walk fwd. M can release hands

4 Clap hands twice

5-7 Beginning with L, M do 5 steps slightly fwd and reform basket, touch R toe behind on sixth beat

8-14 Repeat Figure 2, meas 1-7, facing LOD at end

Repeat Figure 1 and Figure 2 to end of music

Ends with touch R toe behind, close R ft beside L