

Szot Madziar

Cieszyn

Located on the border with the Czech Republic, in the south of Poland, the town of Cieszyn is directly on the trade route known as the "Amber road" and has therefore adopted the traditions of several cultures over the centuries. This non-partner dance known as Szot Madziar is one such dance that has been adopted from Hungarian folklore. The dance has become more and more popular in the Polish folk community and has been included in the repertoire of many performing ensembles.

Pronunciation: SHOT MAH-djahr

Choreographer: Richard Schmidt

Formation: Circle facing ctr with hands on hips: fingers together at front and thumb pointing bkwds.

Style: Movements are exact and precise and dancers should remain erect at all times with straight backs and heads up. Men do high, energetic steps; women do steps closer to the floor.

Meter: 2/4

Crossover Step: (with R ft) With wt on L ft, place R heel in front of L ft (1), bring flat of R ft down putting wt on R ft while bending L knee in back (&), step on L ft in place (2); M swing R ft high off the floor before ct 1, W keep R ft close to the floor; use opp ftwk for L ft

Meas **Introduction**

Wait facing centre until man yells "HOP"

1 Step R to R (1), touch L beside R (2)

2 Step L to L (1), touch R beside L (2)

Meas **Figure 1**

1 Step on R to R (1), step L behind R (&), step on R to R (2), touch L beside R (&)

2 With wt on R, point L ft to front (1), point L ft to L side (&), bring L beside R (2) keeping wt on R

3-4 Repeat 1-2 with opp ftwk and direction

5 Do Crossover step with R ft

6 Step R to R (1), step L beside R (&), step R to R (2)

7 Do Crossover step with L ft

8 Do full turn to L (CCW) in 3 steps: step L (1), step R (&), step L beside R (2)

Meas **Figure 2**

1 Move toes to R (1), move heels to R (2)

2 Move toes to R (1), move heels to R (2)

3 Move toes of R ft to R (1) to end with heels together (open), move toes of L ft to R and heel of R ft to R (2) to end with toes together (close)

4 Move toes of R ft to R and heel of L ft to R (1) to end with heels together (open), pause (2)

5 With wt on L, step R in front of L (1), bend L knee and swing around behind to step beside R (2)

6 – 10 Repeat meas 1-5 with opp ftwk and direction

11 Grapevine to the R: step R to R (1), step L behind R (&), step R to R (2), step L in front of R (&)

12-13 Repeat meas 11 two more times

14 Step R to R (1), step L beside R (&) (14 grapevine steps total)

15 Lift up on tiptoes (1), put heels down (&), repeat (2, &)

16 Do $\frac{3}{4}$ turn CW by taking 3 steps R (1), L (&), R (2) to end facing RLOD

Meas **Figure 3 (Right)**

- 1 Step R to R (1), step L behind R (&), step R to R turning ¼ R to face ctr (2), touch L beside R (&)
- 2 With wt on R, point L ft to front (1), point L ft to L side (&), bring L beside R (2) keeping wt on R
- 3-4 Repeat meas 1-2 with opp ftwk and direction turning ¼ R (CW) on meas 3 ct 2, end facing LOD
- 5 Do Crossover step with R ft
- 6 Do 3/4 turn to R (CW) in 3 steps: step R (1), step L (&), step R beside L (2) to end facing ctr
- 7 Leap onto R ft to R (1), leap onto L ft behind R (&), leap onto R ft beside L (2)
- 8 Repeat meas 7 with opp ftwk and direction
- 9 Polka Hop: Leap on R fwd twds ctr (1), step L beside R (&), leap R fwd (2), hop on R (&)
- 10 Repeat meas 9 with opp ftwk fwd to ctr of circle
- 11-12 Repeat meas 9-10 bkws away from ctr
- 13-15 Starting with R ft, do 3 Polka hops in LOD
- 16 Leap onto L ft (1), stamp R beside L (&), leap on R ft (2), stamp L beside R (&), end facing LOD

Meas **Figure 3 (Left)**

- 1-15 Repeat Figure 3 meas 1-15 starting with L ft using opp ftwk (mirror image)
- 16 Leap on R (1), stamp L beside R (&), leap on L turning ¼ CW to face ctr (2), stamp R beside L (&)

Meas **Figure 4**

- 1 Do Crossover step with R ft
- 2 Step R to R (1), step L beside R (&), step R to R (2)
- 3-4 Repeat 1-2 with opp ftwk and direction
- 5 Heel sway:
step on R heel in front of L (1), bring flat of R ft down while lifting L ft off floor (&),
step back on ball of L ft in place (2), rock back on flat L ft while lifting R ft off floor (&)
- 6 Repeat meas 5
- 7 Leap onto R ft to R (1), leap onto L ft behind R (&), leap onto R ft beside L (2)
- 8 Repeat meas 7 with opp ftwk and direction

Repeat Figures 1-4 one more time
End dance with Figure 1