Igre Bosanske

Bosnia

This is a mini 3 dance suite: Treskavac, Papućica and Zavrzlama.

Translation: Bosnian dances

Pronunciation: EE-greh BOW-sun-skeh

Formation: Closed circle of couples, man on woman's left

Meter: 2/4

I: Treskavac (shake)

Produnciation: TREHS-kah-vahts

Rhythm: S, Q, Q

Formation: facing centre, hands joined in V position with elbows slightly lifted; arms bounce with feet

Style: Flat footed, earthy, heavy steps; body bent slightly forward

Meas **Introduction** 1-4 no action

Meas Part 1

- Step R to R (1), close L beside R & bounce on both ft (2), bounce again keeping wt on R (&).
- 2 Repeat meas 1 with opp ftwk and direction
- 3-8 Repeat meas 1-2 three more times (8 times total)

Meas Part 2

- 1 Repeat ftwk of Part 1, meas 1, except move fwd diag R twd ctr (R, bounce, bounce)
- 2 Repeat meas 1 with opp ftwk; except move fwd diag L twd ctr (L, bounce, bounce)
- 3 Step R in place (1), bounce twice on R as L circles bkwd (2, &)
- 4 Step bkwd on L, R, L (1, 2, &)
- 5-8 Repeat meas 1-4

Repeat Parts 1-2 two more times (3 times total)

II: Papućica (slippers)

Produnciation: PAH-POO-chee-tsah

Rhythm: Q, Q, S

Style: Steps are soft on the ball of the feet

Meas Part 1

All couples face LOD, men on inside, women on outside; inside hands held in V-position, men's hand's on bottom, women's hands on top; outside hands with back of wrist on hip

- 1 Moving in LOD, step R, L, R, (1, &, 2); hop R (&)
- 2 Repeat meas 1 with opp ftwk
- 3-6 Repeat meas 1-2, two more times
- 7-8 Repeat meas 1-2, turning to face ctr (8 times total)

Meas Part 2

Face ctr in large circle, hands joined in V-position

- 1 With M moving bkwd and W moving fwd, step R, L, R, hop R (1,&,2,&)
- 2 Repeat meas 1 with opp ftwk and direction
- 3 Repeat meas 1 ending in original circle
- 4 Releasing hands with neighboring couple, step L,R,L, hop L while W turns CW under raised joined hands (optionally, couple releases hands)
- 5-8 Rejoin hands in circle and repeat meas 1-4

Repeat parts 1-2 two more times (3 times total)

III: Zavrzlama (complicated thing)

Produnciation: ZAH-vrr-zlah-mah

Formation: facing centre, hands joined in V position

Style: Flat footed, earthy, heavy steps; body bent slightly forward

Meas Part 1

Facing ctr, step R to R (1), close L beside R (&), step R to R (2), close L beside R (&)

Step R to R (1), close L beside R (&), fall on R to R with slightly bent knee to accent

and lift L (2), hold (&)

3-4 Repeat meas 1-2, with opp ftwk and direction

5-8 Repeat meas 1-4 (4 times total)

Meas Part 2

Arms in V-position with elbows lifted slightly, hands push twd floor on each step

1 Fall on R across L (1), small leap on L in place (2)

2 Step R, L, R in place (1, &, 2)

3-4 Repeat meas 1-2, with opp ftwk

5-8 Repeat meas 1-4 (4 times total)

Repeat parts 1-2 two more times (3 times total)

Zavrzlama Lyrics

Boys: Ajte cure na poljanu da igramo zavrzlamu!

Girls: Neću, ne mogu, šepava sam u nogu

Boys: Zavrzlama nije laka, to ne igra cura svaka!

Girls: Neću, ne mogu, šepava sam u nogu

Boys: Kad bi bila ona laka, igrala bi cura svaka!

Girls: E hoću, i mogu, i zdrava sam u nogu

Translation:

Boys: Girls come to dance "Zavrzlama "on the field!

Girls: I won't, I can't – my leg is lame.

Boys: Zavrzlama is not an easy dance, not all the girls can do this dance!

Girls: I won't, I can't – my leg is lame

Boys: If it would be an easy dance, every girl would be able to do this dance!

Girls: Hey I will, and I can, and my leg is well/healthy now!