Vira do Sitio

Portuguese couple dance originally from Nazaré. Learned from Madelynne Greene who learned this dance in Portugal.

Pronunciation: VEE-rah doe SEE-tee-oh

Formation: A circle of couples, in groups of two couples, men with backs to ctr, facing partner. Hands up and forward.

Meas Figure I

- 1-8 M go CW, W go CCW around large circle. All turn to right (individual CW turns), moving around circle, starting on R, do R-L-R while doing a ½ turn (turning vira step), do another vira step starting L with another ½ turn (meas 2). Do 5 more turning vira steps (meas 3-7). End with strong down step on L (meas 8)
- 9-15 Return to place, M go CCW, W go CW around large circle. All turn left bkwds (individual CCW turns) with 7 turning vira steps (3¹/₂ turns) to end facing partner
- 16-17 Balance in place, L-R-L and R-L-R
- 18-19 Do 2 vira steps to cross to partner's place, passing right shoulder, face to face
- 20-21 Balance in partner's place, L-R-L and R-L-R
- 22-24 Cross to own place, 1 vira step (L-R-L), step on R ct. 1 of meas 23 and clap twice (last count of meas 23, first of meas 24)

Figure II

- 1-15 With L shoulders to centre of group of 4, dance around CCW twice with 15 steps, beginning R, to end in place facing partner
- 16-24 Repeat meas 16-24 of Figure I

Figure III

1-15 With R shoulders to centre of group of 4, dance around CW twice with 15 steps, beginning L, to end in place facing corner

Figure IV

- 1-8 As in meas 1-8 of "Nao Vas ao Mar, Tonho", Figure II, dance crossing over to diagonal place (M#1, W#2, then M#2, W#1)
- 9-24 Turning away from original couple, dance vira cruzada over and back with the next couple, to end as in Bar 8
- 25-33 Dance vira cruzada with original couple, to end in original places and clap twice as in bars 23-24 of Part I!

Repeat entire dance from the beginning. Finally, repeat Figure I to end dance.