

Vira da Nazaré

Learned by Marianne Taylor in Nazaré, Portugal, 1972, from Grupo Mar Alto.

Pronunciation: VEE-rah day NAH-zah-RAY

Style: Quite flat-footed, knees bent, body relaxed

Formation: Two couples working together: each man has his partner on his right, with the "neighbour" woman opposite. Long rows of partners opposite neighbour couples.

Meter: 4/4

meas Figures

1-8 **Introduction** – Dance begins with voices

Figure I

M's hands behind back, W's hands on hips. All facing centre of foursome.

- 1 M begins with R, W with L, turning toward partner: step in place (ct 1), step in front (ct 2), step in place again (ct 3), bounce slightly in place, free foot staying close to the floor while turning $\frac{1}{4}$ to face neighbour (ct 4)
- 2 Repeat meas 1 with opp footwork toward neighbour
- 3-16 Repeat meas 1-2 seven more times.

Figure II

Arms raised, up and a bit forward, hands at eye-level.

- 1 Beginning with M's R, W's L, change places with partner with two low step-hops: M passes behind, making a full turn CW, W in front making a full turn CCW. M steps R (ct 1), makes $\frac{1}{2}$ turn CW to face out pivoting with a slight bounce on R (ct 2), steps L (ct 3), makes $\frac{1}{2}$ turn CW to face neighbour pivoting with a slight bounce on L (ct 4). W steps L (ct 1), turns CCW on L (ct 2), steps R (ct 3), turns CCW on R (ct 4). Partners look at each other during ct 2
- 2 M begins with R, W with L, turning toward neighbour: step in place (ct 1), step in front (ct 2), step in place again (ct 3), bounce slightly in place, free foot staying close to the floor while turning $\frac{1}{4}$ to face partner (ct 4)
- 3-4 Repeat meas 1-2 with opposite footwork in opposite direction, to end in original position. In meas 3, M passes behind, making a full turn CCW, W in front making a full turn CW
- 5-8 Repeat meas 1-4

Note: In the video, Figure II is counted by half measures, so "2" actually refers to ct 3.

On this recording the entire dance is done a total of three times – and then Figure II is repeated at an accelerated tempo!