

Não vás ao mar, Tónho **(Don't go to the sea, Tonho)**

Portuguese dance from Nazaré learned from Madelynne Greene.

Pronunciation: now VAHZH ow MAHR TOHN-yoh

Formation: Circle of cpls in groups of 2 cpls, 1st cpl in front of 2nd cpl. Side-by-side with ptr, man on left, facing LOD, near hands joined, free hand on hip.

Style: Knees are bent, steps are flat-footed. The vira is simply three steps, the first accented even lower! The body is straight but slightly relaxed on the vira.

Meas **Figure I** (2/4 rhythm)

Introduction: 3 meas plus 3 note upbeat

1-4 All walk in LOD 8 steps beginning L

5-8 M moving behind W, walk 8 more steps, hands on own hips

9-11 1st M turns to ctr of large circle; 1st W follows him; 2nd W follows her; finishing with 2nd M. All walk in small circle CCW for 5 steps, turning away from ctr of small circle on step 6

12-14 After reversing direction, walk CW (R elbow in ctr) for 5 more steps, on turn to face ctr of small circle on step 6, ending with M's backs to ctr of large circle, with W facing them

15 (3/4 rhythm) One bar for transition – 3 steps in place (L-R-L) ending with wt on L. Hands move up in preparation for Figure II

Figure II (3/4 rhythm)

Vira cruzada (hands up, forward, at eye-level)

2nd corners will repeat movements of the 1st corners 2 measures after the 1st corners.

1-2 1st M and 2nd W (1st corners), step R-L-R while moving fwd and turning R, meeting L shoulders with corner. Step L-R-L in ctr of small circle (R-L-R, L-R-L is the vira step). 2nd M and 1st W (2nd corners) do same footwork on the spot before starting the pattern in measures 3-4

3-4 1st corners step R-L-R moving bkwd and turning L to end back in original pos facing ctr. Continuing to turn L, step L-R-L to end with R shoulders toward ctr of small circle

5-6 1st corners step R-L-R fwd and turning R to pass face to face, step L-R-L fwd and turning R to end facing ctr in other corner's place

7-8 1st corners step R-L-R in place facing ctr, step L-R-L in place and turning L to end with R shoulders toward ctr as before

9-16 Repeat measures 1-8 to return home. 2nd corners omit last 2 meas as they are 2 measures behind

17 (2/4 rhythm) One bar for transition – 3 steps in place (R-L-R) ending with wt on R. Take inside hands with partner, free hand on hip in preparation for Figure I

Repeat from beginning. At end, retain ptr's hand and walk side by side for 16 steps as in Part I, bowing on last note.