

Triandafilia

Greece

Triandafilia ("tree-ahn-dah-feel-YAH") is a Greek women's dance from the Halkidiki peninsula. Lee learned the dance from Joe Graziosi in 1997. Triandafilia is the name of a many-petaled white flower.

Music: "Triandafilia" 4/4 meter.

Formation: Open circle. Front basket hold (R arm under, L over).

Counts

I. First Figure ("Sta tria")

- 1-6 Facing ctr and moving R (LOD): Step on R ft to R (1), step on L ft crossed behind R ft (2), step on R ft to R, leaning slightly left (3), bring L ft around in a CCW circle near to the floor (4), step on L ft to L, leaning slightly right (5), bring R ft around in a CW circle near floor (6). (Gentle knee bend on every ct. During cts 3-6 the body is swaying "like a bell.")
- 7-24 Repeat cts 1-6 three more times (4 times in all).

II. Second Figure ("Grapevine")

- 1-4 Continuing to face ctr and move to the R: Step on R ft to R, bending knee (1), step on L ft crossed behind R (2), step on R ft to R (&), step on L ft crossed in front of L, bending knee (3), step on R ft to R (4), step on L ft crossed behind R (&). (SQQ rhythm)
- 5-8 Repeat cts 3-6 of Fig. I.
- 9-16 Repeat cts 1-8.

Dance pattern: Fig. 1,2,1,2,1,2,2,1,2,1,2 + ending

(That is: repeat Fig II one more time on the third repetition of the dance, during the drum solo.)

Ending: Step on R ft to R (1), step on L ft crossed behind R (2), step on R ft to R (3), bring feet together by placing L ft next to R (4).