

Mia Kori

Greece

Mia Kori (Mia Kori mia Diavatissa) is a simple three-measure dance (a little like a Pousteno step, but done in 9/8) from the Thracian region of Greece, here with a simple in-and-out refrain added.

Music: Mia Kori mia Diavatissa

Rhythm: 9/8 (1-2, 3-4, 5-6, 7-8-9, or "short-short-short-long," counted here as "one-two-three-four," and sometimes as "one-two-three-hop-step," that is, 1-2, 3-4, 5-6, 7, 8-9.)

Formation: Open circle, leader on R.

Handhold: High W handhold.

Style: There can be a slight hop (čukče) before the step on the "1" of each measure.

METER 2/4

PATTERN

Meas

1-8 Introduction – no dance

I. SONG VERSE – To the R

- 1 Facing and moving diag R: Step on R ft to R (1), step on L ft, crossed behind R (2), step on R ft to R (3), step on L ft crossed in front of R (4). [Optionally add a hop on R ft before step on L (4)]
- 2 Turning to face ctr: Step on R to R (1), step on L ft crossed in front of R (2), step on R ft in place (3), hop on R ft, kicking L ft fwd, fairly straight L knee (4).
- 3 Continuing to face ctr and dancing in place: Step bkwds on L ft (1), step on R ft next to L (2), step on L ft crossed in front of R (3), hop on L ft, raising R heel behind you (4).
- 4-6 Repeat meas 1-3.
- 7-8 Repeat meas 1-2, but replace ct 4 of meas 2 with: hop on R ft (4) and step on L ft crossed behind R ft (&).

[grapevine: side, behind, side, front; side, cross, back, hop (third time "hop step"); back, together, cross, hop]

II. REFRAIN - (Moving in and out of the circle)

- 1 Facing and moving twds ctr: Step on R ft fwd (1), step on L ft fwd (2), step on R ft fwd (3), hop on R ft (4), step on L ft fwd (&).
 - 2 Continuing to face and move twds ctr: Step on R ft fwd (1), step on L ft fwd (2), stamp on R ft sideways (3), stamp R ft fwd on floor, w/o taking wt (4).
 - 3 Continuing to face ctr, but now moving away from ctr: Step on R ft bkwds (1), step on L ft bkwds (2), step on R ft bkwds (3), hop on R ft (4), step on L ft bkwds (&).
 - 4 Continuing to face ctr but moving away from ctr: Step on R ft bkwds (1), step on L ft bkwds (2), stamp on R ft sideways (3), stamp R ft fwd on floor, w/o taking wt (4).
- (5-8) (Repeat meas 1-4 one more time during those instrumental refrains which are 8 meas long – which is not every time but every other time.)

[in, 2, 3, hop, step; in, 2, stamp, stamp; out, 2, 3, hop, step; out, 2, stamp, stamp]