

# E' Huli Makou

Hawai'i

"E huli makou" translates as "Let's all turn." It is a modern-style hula. Hilde learned it from Anne-Kristine Tischendorf.

**Pronunciation:** ay HOO-li ma-Koh

**Music:** "E Huli Makou," from "The Best of the Kahauanu Lake Trio – Ke Po'okela, Vol. II" (Hula Record CDHS-581) Track #2.

**Rhythm:** 4/4

**Formation:** Individually, in lines.

**Styling:** Cheerful.

**Introduction:** Wait out the instrumental refrain and begin on the sung verse.

## Meas Footwork

Start with right foot out to front.

### I. 1<sup>st</sup> verse

1-2 Kalakaua R, with turn.

3-4 Kalakaua L, with turn.

### Refrain (includes resting step)

1 Kaholo R on R diagonal.

2 Kaholo L back to starting point.

3-4 Ami poniu ("around the Isle") CCW.

5-6 Repeat meas 1-2 of refrain

### Resting Step

7 Kaholo R

8 Kaholo L

### II. 2<sup>nd</sup> verse

1 Ka'o R (ct 1,2), Ka'o L (ct 3,4)

2 Kaholo R

3 Ka'o L (ct 1,2), Ka'o R

4 Kaholo L.

### III. 3<sup>rd</sup> verse

1 O R

2 O L

3 O R

4 O L

### IV. 4<sup>th</sup> verse

1 Kaholo R – slight diagonal R

2 Kaholo L – slight diagonal L

3 O R (forward with  $\frac{1}{4}$  L turn). That is,  $\frac{1}{4}$  turn to L, step R ft fwd, lift and replace L ft in place,  $\frac{1}{2}$  turn to R, step R ft next to L, touch L toes next to R.

4 O L (forward with  $\frac{1}{4}$  R turn). That is, step L ft fwd, lift and replace R ft in place,  $\frac{1}{4}$  turn L to face front, step L ft next to R, touch R toes next to L.

### Ending

Weight on L, step on R ft behind L, hands on shoulders, then arms out.

**Sequence:** 1<sup>st</sup> verse + refrain

1<sup>st</sup> verse + refrain

2<sup>nd</sup> verse + refrain

3<sup>rd</sup> verse + refrain

4<sup>th</sup> verse + refrain

4<sup>th</sup> verse + refrain + ending

## Hula Steps

**Starting point:** feet hip width apart, bent knees

**Kalakaua:** With wt on L ft, touch R toes, ¼ turn to the L, step fwd on R ft, lift and replace L ft in place, step back on R ft, lift and replace L ft in place, step fwd on R ft, lift and replace L ft in place, step R ft where you started (hip width), ½ turn to the R. Touch L toes next to R ft, stepping fwd on the L ft repeat above with opp footwork.

**Kaholo:** With wt on L ft, R ft steps to the R while hip swings to R, place L ft next to R ft (hip swings L), R ft steps to the R side (hip swings R), touch L toes next to R ft (hip stays R). Weight now on R ft. Repeat above with opp footwork.

**Ami poniu:** 4 ami (hips tilt back and over to the R side and back to neutral) with ¼ turn for each, so when you are done you have made a full circle. Step fwd on R, ami, step in place on L, ¼ turn, step R to the side, ami, and so on.

**Ka'o:** Change of wt between R and L ft with "figure of 8" hip movement. Start with hip towards the L and wt on L ft, shift wt to R ft while hip goes up and over to the R, repeat with L.

**O:** Step back on R ft, lift and replace L ft in place, step R ft next to the L, touch L toes next to R. Stepping back on L repeat above with opp footwork.

## E Huli Makou

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|---|--|
| 1. E huli, e huli makou<br>E huli, e huli makou<br>Kou maka, kou lima me kou kino e<br>He aloha mai       | Turn, let's all turn<br>Turn, let's all turn<br>Your eyes, your hands and your body<br>(Hello there) from your heart                   |
| 2. Imua, imua makou<br>Imua, imua makou<br>Kou maka, kou lima me kou kino e<br>He aloha mai               | Forward, let's all go forward<br>Forward, let's all go forward<br>Your eyes, your hands and your body<br>(Hello there) from your heart |
| 3. Ihope, ihope makou<br>Ihope, ihope makou<br>Kou maka, kou lima me kou kino e<br>He aloha mai           | Back, let's all go back<br>Back, let's all go back<br>Your eyes, your hands and your body<br>(Hello there) from your heart             |
| 4. Ha'ina, ha'ina ho'i mai<br>E huli, e huli ho'i mai<br>Kou maka, kou lima me kou kino e<br>He aloha mai | Tell, tell come back again<br>Turn, turn come back again<br>Your eyes, your hands and your body<br>(Hello there) from your heart       |

Words from the CD of Kahauanu Lake Trio