

Hora De Mina

Romania

"Dance of the Hands" was introduced to North America by Mihai David who learned it while a member of the Romanian State Folk Ensemble, 1965-1968.

Formation: Circle. Facing centre. Hands in "W" hold, held at shoulder height, elbows down.

Figure 1 In and out of center

measure

- 1-2 Travel into center R L R touch L
- 3-4 Travel out of center back L R L touch R
- 5-16 Repeat measures 1-4 three more times.

Figure 2 Travel to the right LOD

- 1-2 Facing left, backwards in LOD R L R L
- 3-4 Turn to face LOD to the right, 2 running triplets R L R and L R L
- 5-16 Repeat measures 1-4 three more times, on last triplet, bring arms down

Figure 3 In and out of center

- 1-2 Travel into center, bringing arms up to W-hold, step R L R L
- 3 Step R (ct. 1), raise L bent knee (ct. 2)
- 4 Step L (ct. 1), raise R bent knee (ct. 2)
- 5-6 Back out of center R L R L bringing arms down
- 7 Step R (ct. 1), stamp L no weight (ct. 2), bringing arms up
- 8 Step L (ct. 1), stamp R no weight bringing arms down (ct.2)
- 9-16 Repeat measures 1-8 but on last ct. leave arms up

Repeat dance from beginning.