

HAMBO MIXER

Sweden

A fun variation of the Hambo.

Formation: Start with a single ring, alternating Men and Women, facing into the circle. Man's partner is to his right. All hands joined in "W" hold.

Measure:

- 1 Man steps L and lift R foot in front of own L, turning body slightly to L. Make eye-contact with corner on third beat of measure. Woman mirrors these steps.
- 2 Man steps R and lift L foot in front turning body slightly toward R. Make eye-contact with partner on third beat of measure. Woman mirrors steps.
- 3-4 Man takes 3 steps L-R-L (slightly backward) and 3 steps R-L-R (slightly forward) while using his L hand to lead corner woman to cross (R-L-R, L-R-L) in front to Man's right side. Man offers his R hand to Woman as she crosses taking Woman's L hand to lead her to his R side.
- 5-7 Repeat measures 1-3.
- 8 Man takes 3 steps distinctly forward and CW, so that couples are facing CCW, holding inside hands (Man's R, Woman's L).
- 9 - 16 Each couple does the Hambo as described in Hambo Dance Notes Measures 1 through 8, ending last measure by opening out to reset the large circle.

Repeat dance from beginning.