

Glaviniško Četvorno

Trakia – Bulgaria

From the village of Glavinica near Pazardžik in West Thrace. There are many forms of this dance in Western Bulgaria which mix the 2/4 and 7/8 meters. Another version introduced by Yves Moreau was *Osmica* from N.W. Bulgaria.

Music: Yves Moreau CD
Rhythm: 2/4 and 7/16 meter

Formation: Mixed lines of 6 to 8 people. Belt hold with L over R. "V" position also used. Face centre. Weight on L.

Style: Knees bent slightly. Stamps are "earthy", close to the ground.

Introduction: 7/8 meter. 6 measures. No action.

Figure 1: Travel sideward (2/4 meter)

- 1 Facing centre, step on R to right (ct 1); step on L behind R (ct 2)
- 2 Step on R to right (ct 1); step on L across in front of R (ct 2)
- 3 Repeat measure 1
- 4 Step on R to right (ct 1); slight hop on R in place, picking up L knee with L foot a little to the right and relaxed (ct 2)
- 5-8 Repeat measures 1-4 with opposite footwork and direction
- 9-16 Repeat measures 1-8

Note: It is sometimes typical to do a double stamp with the stepping ft preceding count 1 of measures 1, 5, 9 or 12. Don't overdo it!

Figure 2: Forward and back (7/8 meter)

Note: 7/8 counted as 1-2, 3-4, 5-6-7 or quick-quick-slow (1, 2, 3)

- 1 Facing centre and moving forward, hop twice on L foot, touching R heel in front of L (cts 1, 2); step forward on R with emphasis, bending R knee (ct 3)
- 2 Repeat measure 1 with opposite footwork
- 3 Repeat measure 1 raising L knee high in front on count 3
- 4-6 Move backward with little running steps: L R L; R L R; L R L (counts 1, 2, 3 in each measure)
- 7-12 Repeat measures 1-6

Repeat dance from beginning. Dance is done 4 times