

ENGELSKA från Stigtomta

Sodermanlands Lan, Sweden

There are many engelskas danced in Sweden and Finland. In Norway and Denmark these dances tend to be called "ril" or reels. This particular engelska from Stigtomta, was introduced to America by Kalle Strandell and Lisbeth Oberg, of Dalarna, Sweden.

Formation: Couples in one large circle, alternating men and women. Man's partner to his right.

Sequence:

- 1 All join hands, arms down in "V" position, and walk 16 steps to the L.
- 2 Release hands. Man turns CW, and offers R hand to his partner, and offers R hand. Woman turns CCW, to face her partner, and takes Man's R hand with her R. Make a "grand right and left" figure. End facing the fourth Woman along the line (counting partner as "one").
- 3 Man stops progression by stamping his feet 3 times.
- 4 Take new partner in polska hold, and couple swings CW with the buzz step, until end of phrase of music. End with Man facing CCW, and Woman facing CW.

Repeat sequences 2, 3, and 4.

Repeat dance from beginning.