

Opincuța

Basarabia, Moldavia

Opincuța is a fast Hora, which is characterized by the small circling arm movement.

Pronunciation: oh-PEEN-khoo-tсах

Formation: mixed circle, W pos, facing centre

Meter: 2/4

Style: hands do tiny circles (up first, twd ctr of circle, ...)

Meas **Musical introduction**

1-16 Feet together, hands doing tiny circles

Figure 1

- 1 Step R to R swinging hands to R (windshield) (1), step L next to R swinging hands to centre (2)
- 2 Step on R to R swinging hands to R (1), touch L next to R (no wt) swinging hands to centre (2)
- 3-4 Repeat meas 1-2 with opp ftwk and direction
- 5 Moving to the right, do 3 running steps with flat ft (R, L, R) hands doing tiny circles (1&2), stamp on L near R ft with no wt (&)
- 6 Repeat measure 5 with opp ftwk to the right
- 7 Repeat measure 5
- 8 Repeat meas 6 cts (1&2) (omit stamp)
- 9-16 Repeat measures 1-8

Figure 2

- 1-2 Repeat measures 1-2 of Figure 1
- 3 Repeat measure 3 of Figure 1
- 4 Step L to L (1), brush R heel in front of L (&), lift R knee high (2), stamp R (no wt) next to L (&)
- 5 Step R ft slightly R (1), cross L in front of R swinging arms down to V pos (2)
- 6 Step R to R and raise arms to W pos (1), step on L ft in place while changing direction to L (2)
- 7-8 Do 2 *two-steps* to L starting with R ft (RLR, LRL)
- 9-16 Repeat measures 1-8

Repeat Figures 1 and 2 three more times