

Giga

Emilia-Romagna, Italy

This Giga is a popular dance, belonging to the group called "Balli Staccati" (without touching) of the Bologna Mountains (Valle del Savena, Valle del Setta).

Pronunciation: JEE-gah

Formation: Couples facing each other in large circle; M with L shoulder to centre; not holding hands

Meter: 6/8 counted as 1-2

Steps: Balance: (wt on L) Hop on L & kick R (1), step on R (2), hop on R & kick L (3), step on L (4)

Meas **Introduction**

1-2 No action

Meas **Figure 1** (Spasso e Balletto)

1-2 M starts with R, W with L; in 4 steps make full turn: M to R fwd while W to L bkwd

3-4 With M going forward and W backwards, four *skip steps* moving CCW

5-6 With wt on inside ft, do 2 Balance steps

7-8 Lean on outside ft, turn to inside with 3 steps

9-16 Repeat pattern of meas 1-8

Figure 2 (Elegant)

1-2 Facing ctr, walk 4 steps (M start R, W start L) holding hands; on last ct turn to face out

3-4 Facing out, walk 4 steps holding hands

5-6 Holding hands low, W lifts L hand, W skips in place, while M skips 4 steps CCW around W

7-8 M takes W L hand with his R hand and spins W 1 1/2 turns CCW. Couple ends facing inside.

9-16 Repeat meas 1-8, ending ready for Fig 1

Repeat Figures 1 to 2 until music changes

Figure 3 (Tresca)

Couples spaced freely about the floor, face each other not holding hands. Move together fwd and bkwd, in circles, keeping equal distance between each other.