

Galoppa

Emilia-Romagna, Italy

A dance of relatively recent origin: it appears for the first time in the first half of 19th century as a variation to the polka, called Gallop. Today can be found in the region of Bologna in the Savena and Reno valleys.

Pronunciation: gah-LOHP-pah

Formation: 4 couples, behind each other, W on M's right

Meter: 6/8 counted as 1-2

No introduction, start with music.

Meas **Figure 1**

1-16 Beg with R foot, dance 32 steps, moving in any direction, all couples following couple 1

Figure 2

1-16 Beg with R foot, cast off, M to left, following M 1, and W to right, following W 1, for 32 steps, making two large circles, ending side by side with partner.

Figure 3

1-8 Releasing hands, couple 1 dance bkws on the outside, M 1 on M side, W 1 on W side, until they meet at the bottom of the set, while couples 2-4 step a little aside and raise their inner hands, forming an arch; couple 1 dance forward under the arch, to the front, then separate again, dancing bkws to bottom.

9-16 Couple 2 repeat meas 1-8, ending at the bottom of the set

Repeat Figures 1 to 3 twice until music changes

Figure 4 (Tresca)

Couples spaced freely about the floor, face each other without holding hands. They move together fwd and bkws, on an elliptical trajectory with a circular movement, keeping equal distance between them, and inviting the partner to follow.