

Balloindodici

Umbria, central Italy

Pronunciation: BAH-loh-ihn-DOH-dee-chee

Formation: Six couples in square formation, three people on each side. One W between 2 M facing one M between 2 W, holding inside hands. The same on the other sides.

Meter: 2/4

No introduction, start with music.

Meas **Introductory Figure** (Advance & retire)

- 1-2 Head trios (1 and 3) walk toward each other with RLR touch L
- 3-4 Head trios walk back with LRL touch R
- 5-8 Side trios do meas 1-4

Figure 2 (Star)

- 1-8 The four people in the centre of each trio step in and dance a right hand star in the middle of the set, with 16 skipping steps.
- 9-16 Reversing the direction, the same four dance a left hand star

Figure 3 (Polka)

- 1-12 Holding the new partner in closed position, dance 12 polka steps, moving CCW inside the set
- 13-16 Releasing the hold, the same four dance backwards to their original position in the centre of each trio with 8 skipping steps

Figure 1 (Advance, shift, & retire)

- 1-4 Head trios (1 and 3) advance toward each other with 4 walking steps; on the fourth step the person on the R end of the trio moves to the left end of the opposite trio and, in the new formation, retire with 4 steps
- 5-8 Side trios do meas 1-4

Repeat from Figure 2 until music ends. Bow at end.