

SWEDE-FINN MIXER

Despite its name, this folk dance hails from Germany and dates from the 1940s. Better known as "Atlantic Mixer" (outside of Scandinavian circles), this dance has gained lasting popularity among North American Scandinavian dancers who embellished it with a Finnish-style handhold (measures 17 - 24). Music: Lury Elven Polka or just about any snoa tune played at an even, moderate tempo with eight bar phrases.

Formation: Couples in one large circle. Men facing CCW, and women facing their partner. Partners holding Right hands, elbows down, hands up.

Measure:

- 1-8 Partners walk CW around each other in similar fashion as with a "right-hand-star", dissimilar in that the "star" is formed by just the one couple.
- 9-16 Change to L hands and partners walk CCW around each other.
- 17-24 Keep holding L hands. Place R hands on partner's right shoulder, and buzz turn CW.
- 25 Couples face CCW LOD in varsouvienne position.
- 26-32 All couples promenade CCW in large circle.
- 33 Release L hands. Women turn CW, releasing R hands.
- 34-64 Women leave partner and dance CW LOD on the outside of the circle, as men continue to dance CCW LOD on the inside of the circle. As measure 64 ends, Man catches new partner with his R hand. Anyone without a partner goes to the "lost-and-found" in the center of the circle.

Repeat dance from beginning.

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